**Participant's "What to Pack" List**

This is an **outdoor education** program. Closed-toed shoes are required (Not Crocs). Please make sure that clothing is appropriate. Expect to get dirty. If it is very warm, shorts and t-shirts are appropriate. If it will be warm during the day, please still bring a sweater or jacket. Students can always take off a layer, but if they don’t have one, it can make for a miserable day. For cold days, please bring several layers of warm clothes and long pants. Being outside for a few hours can make an unprepared person uncomfortable, or worse. Be prepared for all weather conditions, including rain. Clothing should allow for a range of movement, and comfortably allow full participation.

Students’ names should be on their gear.

Students will need to be able to carry their own gear a short distance from the busses to the cabins, so please don’t overpack.

Students will not need any additional money to cover fees, food, etc. at the camp. however, they may bring a small amount for souvenirs from the Center store if the teacher makes arrangements for the store to be opened. We recommend no more than $10 - $20. (t-shirts are $12)

The following is a list of suggested items for a two or three day program:

**Essential Clothing**

2 pairs of long pants and/or shorts

4 t-shirts

1 or 2 sweatshirts/fleece

1 jacket

3 sets of underwear

2 pairs of shoes/boots

\*no crocs please

4 pairs of socks

Pajamas

Rain gear

Hats, gloves, etc.

Close-toed shoes

**Cold Weather Items**

Thermal underwear

Gloves and stocking cap

Heavy jacket

**Linens**

Twin bed sheet and blanket

or sleeping bag

pillow and pillow case

towels and washcloth

**Bath Items**

Toothbrush and toothpaste

Brush or comb

Soap, shampoo

Shower shoes (optional)

**Miscellaneous**

Camera

Books or cards

Water bottle

**Do not bring**

Radios, cd/MP3 players or video games

Jewelry or other expensive items

Food, candy, or gum

Sandals (unless for shower)